



SHOTOKAN KARATE-DO of UNITED NATIONS

SKDUN European & World Karate Cup

RULES AND CATEGORIES

Competition for grades (9th to 4th Kyu)

Kata rules: Elimination rounds by flag system (kohaku hoshiki). The competitors in each category will compete in one elimination round down to 8 competitors. **Kata chosen by referee.** Two competitors at the same time, AKA & SHIRO.

Final round by point system (tensu hoshiki), the 4 competitors will perform Tokui kata (their choice from the approved list, see the rule book), the top 3 scores will decide 1st, 2nd and 3rd medal place.

No limit of participants per country in any category.

In case of a large number of entries in a kata category, that category may be divided into further categories by grade. Also, any category that fails to meet the minimum number of entries (8 competitors) will be joined with the next appropriate category, any new categories will be announced after the end of the registration.

Example:

- 001A - Male 9th kyu
- 001B - Male 8th kyu
- 001C - Male 7th kyu

KATA INDIVIDUAL

CHILDREN 7 – 9 years

001. Male 9th – 7th kyu 002. Male 6th– 4th kyu 003. Female 9th – 7th kyu 004. Female 6th– 4th kyu

CHILDREN 10 – 11 years

005. Male 9th– 7th kyu. 006. Male 6th – 4th kyu 007. Female 9th – 7th kyu 008. Female 6th – 4th kyu

MINICADET 12 – 13 years

009. Male 9th – 7th kyu 010. Male 6th – 4th kyu 011. Female 9th – 7th kyu 012. Female 6th – 4th kyu

CADET 14 – 15 years

013. Male 9th – 7th kyu 014. Male 6th – 4th kyu 015. Female 9th – 7th kyu 016. Female 6th – 4th kyu

JUNIOR 16 – 17 years

017. Male 9th – 7th kyu 018. Male 6th– 4th kyu 019. Female 9th– 7th kyu 020. Female 6th – 4th kyu



SENIOR 18 – 39 years

021. Male 9th – 7th kyu 022. Male 6th – 4th kyu 023. Female 9th – 7th kyu 024. Female 6th – 4th kyu

VETERAN 40 years +

025. Male 9th – 7th kyu 026. Male 6th – 4th kyu 027. Female 9th – 7th kyu 028. Female 6th – 4th kyu

Categories for 9th to 7th kyu:

Elimination rounds by flag system – Shitei kata: **Taikyoku Shodan and Heian Shodan.**

Final round (top 4 competitors) – Tokui kata, Tensu Hoshiki (points system).

Choice from **Taikyoku Shodan, Heian Shodan, Heian Nidan and Heian Sandan.**

(In the case of a draw, competitors may perform the same kata).

Categories for 6th to 4th kyu:

Elimination rounds by flag system – Shitei kata: **Heian Shodan, Heian Nidan and Heian Sandan.**

Final round (top 4 competitors) – Tokui kata, Tensu Hoshiki (points system).

Choice from **all Heian kata plus Tekki Shodan.**

(In the case of a draw, competitors must perform a different kata than in the previous rounds).

DUO TEAM KATA – only two competitors in a team

All elimination rounds by flag system (kohaku Hoshiki). Both teams line up. First team (Aka) invited to the shiai-jo to perform their kata, then dismissed. Shiro invited to the shiai-jo to perform their kata. At the end, Aka invited back to shiai-jo and Hantei is called. The winning team goes through to the next round.

The final 4 teams to be judged individually by Tensu Hoshiki. **Minimum number of teams per category is 4.** In case of fewer teams in the category, the categories may be merged.

Elimination rounds:

9th kyu - 7th kyu Tokui kata; Taikyoku Shodan, Heian Shodan, Heian Nidan.

6th kyu - 4th kyu Tokui kata; All Heian Kata + Tekki Shodan.

Final round (4 teams). Judged by points system (Tensu Hoshiki)

Group: 9th – 7th kyu, The same range of kata, team may perform the same kata.

Group: 6th – 4th kyu, The same range of kata, team must perform a different kata from those performed in previous rounds.



In the case of a draw in either category, teams can repeat kata.

No limit of participants per country in any category.

The two members of the team must be from the same age and kyu grade group.

Note: Equivalent kyu grades. The colour of the belt has not been used because of the differences between countries/association. The kyu grade levels are in descending order, i.e. the highest number is the lowest grade. For clarification on kata choice requirements for each kyu grade, please refer to the rule book or contact the Technical Director and Chief Referee (colin.putt@skdun.org)

DUO KATA TEAM CHILDREN 7 – 9 years

- | | | |
|--------------------------------|----------------------------------|---------------------------------|
| 029. Male 9th – 7th kyu | 030. Female 9th – 7th kyu | 031. Mixed 9th – 7th kyu |
| 032. Male 6th – 4th kyu | 033. Female 6th – 4th kyu | 034. Mixed 6th – 4th kyu |

DUO KATA TEAM CHILDREN 10 – 11 years

- | | | |
|--------------------------------|----------------------------------|---------------------------------|
| 035. Male 9th – 7th kyu | 036. Female 9th – 7th kyu | 037. Mixed 9th – 7th kyu |
| 038. Male 6th – 4th kyu | 039. Female 6th – 4th kyu | 040. Mixed 6th – 4th kyu |

DUO KATA TEAM MINICADET 12 – 13 years

- | | | |
|--------------------------------|----------------------------------|---------------------------------|
| 041. Male 9th – 7th kyu | 042. Female 9th – 7th kyu | 043. Mixed 9th – 7th kyu |
| 044. Male 6th – 4th kyu | 045. Female 6th – 4th kyu | 046. Mixed 6th – 4th kyu |

DUO KATA TEAM CADET 14 – 15 years

- | | | |
|--------------------------------|----------------------------------|---------------------------------|
| 047. Male 9th – 7th kyu | 048. Female 9th – 7th kyu | 049. Mixed 9th – 7th kyu |
| 050. Male 6th – 4th kyu | 051. Female 6th – 4th kyu | 052. Mixed 6th – 4th kyu |

DUO KATA TEAM SENIORS 16 years +

- | | | |
|--------------------------------|----------------------------------|---------------------------------|
| 053. Male 9th – 7th kyu | 054. Female 9th – 7th kyu | 055. Mixed 9th – 7th kyu |
| 056. Male 6th – 4th kyu | 057. Female 6th – 4th kyu | 058. Mixed 6th – 4th kyu |



KUMITE INDIVIDUAL

Kumite rules:

SANBON KUMITE (three step sparring). 9th – 7th kyu, 6th – 4 kyu (under 10 years old): will be judged by Kohaku Hoshiki (flag system). There will be 2 Fukushin and 1 Shushin to judge this category, majority vote.

Tori attacks jodan oi-zuki + chudan oi-zuki + maegeri chudan.

Uke blocks jodan age uke + chudan soto uke + gedan barai, gyaku zuki counter attack.

Detailed description and criteria for judgement of Sanbon kumite can be found in the SKDUN Rulebook <http://www.skdun.org/competition-rules/rulebook/> and guidance demonstration on SKDUN YouTube channel <https://www.youtube.com/watch?v=oYqJmFA3X4o>

KIHON IPPON KUMITE: 9th – 7th kyu – will be judged by Kohaku Hoshiki. There will be 2 Fukushin and 1 Shushin to judge this category (same as Sanbon Kumite). Detailed description and criteria for judgement of Kihon Ippon kumite can be found in the SKDUN Rulebook <http://www.skdun.org/competition-rules/rulebook/> and guidance demonstration on SKDUN YouTube channel <https://www.youtube.com/watch?v=xWL4AHuqSd4&t=283s> part 1 and part 2 <https://www.youtube.com/watch?v=rqyY-2PQFtg>

KIHON IPPON KUMITE: 6th– 4th kyu. The techniques are Jodan, Chudan, Mae Geri chudan, Yoko geri Kekomi chudan and. Mawashi geri Jodan or Chudan (target area stated prior to the attack).

<http://www.skdun.org/competition-rules/rulebook/> + and [guidance demonstration on SKDUN you tube channel.](#)

No limit of participants per country in any category.

In case of a large number of entries in a category of Kihon Ippon Kumite, that category may be divided into further categories by grade. Also, any category that fails to meet the minimum number of entries (8 competitors) will be joined with the next appropriate category, any new categories will be announced after the end of the registration.

Example for Kihon Ippon Kumite:

- 065A - Male 9th kyu
- 065B - Male 8th kyu
- 065C - Male 7th kyu



JIYU KUMITE (Ippon Shobu kumite), (2 waza-ari or 1 Ippon), Only for 6th – 4th kyu

No limit of participants per country in any category.

Duration of the match is specified for each age group.

In case of a large number of entries in a category Jiyu Kumite, that category may be divided into further categories by weight (Kg). Also, any category that fails to meet the minimum number of entries (8 competitors, 4 in Veterans categories) will be joined with the next appropriate category, any new categories will be announced after the end of the registration.

Example for Jiyu Kumite:

- 079A - Male – 40 kg
- 079B - Male – 50 kg
- 079C - Male + 50 kg

CHILDREN 7 – 9 years

CHILDREN 7 – 9 years, SANBON KUMITE

065. Male 9th – 7th kyu 066. Female 9th– 7th kyu

067. Male 6th – 4th kyu 068. Female 6th – 4th kyu

CHILDREN 7 – 9 years, KIHON IPPON KUMITE

069. Male 9th – 7th kyu 070. Female 9th – 7th kyu

071. Male 6th – 4th kyu 072. Female 6th – 4th kyu

CHILDREN 10 –11 years

CHILDREN 10 – 11 years, SANBON KUMITE, 9th – 7th kyu

073. Male 9th – 7th kyu 074. Female 9th – 7th kyu

CHILDREN 10 – 11 years, KIHON IPPON KUMITE, 9th – 7 kyu

075. Male 9th – 7th kyu 076. Female 9th – 7th kyu

CHILDREN 10 – 11 years, KIHON IPPON KUMITE, 6th – 4th kyu

077. Male 6th – 4th kyu 078. Female 6th – 4th kyu

CHILDREN 10 – 11 years, JIYU KUMITE, 6th – 4th kyu: duration 1 minute 30 seconds.

Note: students entered into this category MUST also compete in Kihon Ippon Kumite

079. Male 6th – 4th kyu 080. Female 6th – 4th kyu



MINICADET 12 –13 years

MINICADET 12 – 13 years, SANBON KUMITE, 9th – 7th kyu

081. Male 9th – 7th kyu **082. Female 9th – 7th kyu**

MINICADET 12 – 13 years, KIHON IPPON KUMITE, 9th – 7th kyu

083. Male 9th – 7th kyu **084. Female 9th – 7th kyu**

MINICADET 12 – 13 years, KIHON IPPON KUMITE. 6th – 4th kyu

085. Male 6th – 4th kyu **086. Female 6th – 4th kyu**

MINICADET 12 – 13 years, JIYU KUMITE, 6th – 4th kyu: duration 1 minute 30 seconds.

Note: students entered into this category MUST also compete in Kihon Ippon Kumite

087. Male 6th – 4th kyu **088. Female 6th – 4th kyu**

CADET 14 –15 years

CADET 14 – 15 years, SANBON KUMITE, 9th – 7th kyu

089. Male 9th – 7th kyu **090. Female 9th – 7th kyu**

CADET 14 – 15 years, KIHON IPPON KUMITE, 9th – 7th kyu

091. Male 9th – 7th kyu **092. Female 9th – 7th kyu**

CADET 14 – 15 years, KIHON IPPON KUMITE, 6th – 4th kyu

093. Male 6th – 4th kyu **094. Female 6th – 4th kyu**

CADET 14 – 15 years, JIYU KUMITE, 6th – 4th kyu: duration 2 minutes.

Note: students entered into this category MUST also compete in Kihon Ippon Kumite.

095. Male 6th – 4th kyu **096. Female 6th – 4th kyu**

JUNIOR 16 – 17 years

JUNIOR 16 – 17 years, SANBON KUMITE, 9th – 7th kyu

097. Male 9th – 7th kyu **098. Female 9th – 7th kyu**

JUNIOR 16 – 17 years, KIHON IPPON KUMITE, 9th – 7th kyu

099. Male 9th – 7th kyu **100. Female 9th – 7th kyu**

JUNIOR 16 – 17 years, KIHON IPPON KUMITE, 6th – 4th kyu

101. Male 6th – 4th kyu **102. Female 6th – 4th kyu**

JUNIOR 16 – 17 years, JIYU KUMITE, 6th – 4th kyu: duration 2 minutes

Note: students entered into this category MUST also compete in Kihon Ippon Kumite

103 Male 6th – 4th kyu **104. Female 6th – 4th kyu**



SENIOR 18 – 39 years

SENIOR 18 – 39 years, SANBON KUMITE, 9th – 7th kyu

105. Male 9th – 7th kyu **106. Female 9th – 7th kyu**

SENIOR 18 – 39 years, KIHON IPPON KUMITE, 9th – 7th kyu

107. Male 9th – 7th kyu **108. Female 9th – 7th kyu**

SENIOR 18 – 39 years, KIHON IPPON KUMITE, 6th – 4th kyu

109. Male 6th – 4th kyu **110. Female 6th – 4th kyu**

SENIOR 18 – 39 years, JIYU KUMITE, 6th – 4th kyu: duration 2 minutes.

Note: students entered into this category **MUST** also compete in Kihon Ippon Kumite

111. Male 6th – 4th kyu **112. Female 6th – 4th kyu**

VETERAN 40 years + and 60 years +

VETERAN 40 years +, SANBON KUMITE, 9th – 7th kyu

113. Male 9th – 7th kyu **114. Female 9th – 7th kyu**

VETERAN 40 years +, KIHON IPPON KUMITE, 9th – 7th kyu

115. Male 9th – 7th kyu **116. Female 9th – 7th kyu**

VETERAN 40 years +, KIHON IPPON KUMITE, 6th – 4th kyu

117. Male 6th – 4th kyu **118. Female 6th – 4th kyu.**

VETERAN 40 years +, JIYU KUMITE, 6th – 4th kyu: 2 minutes.

Note: students entered into this category **MUST** also compete in Kihon Ippon Kumite

119. Male 6th – 4th kyu **120. Female 6th – 4th kyu**

VETERAN 60 years +, JIYU KUMITE, 6th – 4th kyu: 2 minutes.

Note: students entered into this category **MUST** also compete in Kihon Ippon Kumite

121. Male 6th – 4th kyu **122. Female 6th – 4th kyu**